



Going round in circles?

Struggling to make ends meet?

No idea what to do?



If you find yourself struggling financially, have a look at the links below and get the support you need. These are exceptional times and we are all experiencing exceptional circumstances.

Nobody needs to struggle alone. There are many agencies and organisations that can help.

We are aware of individuals, couples, and families within our community who have lost their jobs, their businesses, their livelihoods and are simply unaware of where to go and who to turn to. Often asking for help, especially under these circumstances, is difficult.

Henley Mutual Aid have put together a short list of financial support links for those who, through no fault of their own, have found themselves in financial hardship due to these current times.

This document is intended to point you in the right direction without the need to ask your family and friends. Of course, if you feel comfortable, and want to talk about your situation Henley Mutual Aid are here to help. Please don't hesitate to contact us.

[Henley Mutual Aid Website](#)

[Henley Mutual Aid Email](#)



[FOOD PARCELS](#) Did you know that NOMAD is more than just a foodbank? Neither did we. They can also help with fuel allowances, white goods and other unexpected costs by referral to the John Hodges Trust

[JOHN HODGES TRUST](#) This is a local organisation based in Harpsden village which to most is little known. You can contact them directly as well as through NOMAD.

Another useful resource that is local to all of us is Henley Lions Club who can also help with winter fuel allowances and items for the home. Did you know you can also donate your winter fuel allowance if you do not need it to someone who does?

[DONATE YOUR WINTER FUEL ALLOWANNC E HERE](#)

[HENLEY EDUCATIONAL TRUST](#) Can provide individual grants for school uniform and other costs associated with learning – equipment, clubs, additional lessons and so on. You do not need to be in receipt of benefits to be awarded grants

[BUDGETING HELP](#) Those who find themselves new to the benefits system may be surprised at how long the first payment can take or that it doesn't cover those bigger spends needed. Budgeting loans can help in the interim

[HELP WITH COUNCIL TAX](#) Anyone struggling to pay their bills such as council tax can contact SODC for help. You could be entitled to a reduction and if not, you can ask for your council tax bills to be deferred for a few months to help you get back on your feet

If you are concerned about anything else please visit the SODC community hub or Henley Town Council who may be able to signpost alternative services

[SODC COMMUNITY HUB](#)

Don't forget we also have a Citizen's Advice Bureau in our town center, open Monday to Friday 9am – 5pm

Tel: 0300 330 9042

[HENLEY TOWN COUNCIL](#)

[UNIVERSAL CREDIT](#) Don't delay! Universal credit can help you by replacing some of your lost income. They can also help you with paying your rent or mortgage. Sign up online now.